

## ▼ Caribbean



### Marinades Restaurant

**Location:** 1-2 Cheap-side, Church Street, Newent, GL18 1PU

**Tel:** 0845

**Open:** Tues-Sat  
11.30am-2.30pm,  
6.30pm-9.30pm;  
Sun noon-2.30pm

[info@marinades.co.uk](mailto:info@marinades.co.uk)  
[marinades.co.uk](http://marinades.co.uk)



Visit Marinades and experience something totally unique. A 2006 newspaper review on Gloucestershire's only authentic Caribbean and Mediterranean restaurant stated "Marinades is recognised as one of the best restaurants around. We doubt there is anywhere in Gloucestershire like this. Food and atmosphere 10/10."

*'... all spoilt  
for choice ...'*

Fully licensed, only 10 minutes from Gloucester in a pretty courtyard setting, Marinades specialises in fresh, delicious food with excellent, friendly service in a relaxed atmosphere. We are already planning a return visit so that we can sample more of the excellent and unique menu. Vegetarians, vegans, fish lovers and coeliacs are all spoilt for choice and special diets are welcome.

Starters include sardines, king prawns, ackee and saltfish, and soup. Mains include guava-glazed pork, jerk chicken, jambalaya, curried goat and sirloin. Mouth-watering home-made desserts such as sweet potato pudding and rum and toffee bananas are unbelievable. With a great bar and wine selection, the owners – Clive and Wendy – have created something truly special here.

With light lunches, the best value fixed price lunch menu in the area, and traditional Sunday lunch, Marinades caters for all. It's well worth a visit.